

Staffing in Maryland Nursing homes

Compiled by Voices for Quality Care

Numerous reports on staffing levels in nursing homes have found that for good care at least 4.01 to 4.13 hours of care per resident per day is necessary.^{1,2} This is a minimum level of care for every person living in a nursing home regardless of acuity. Clearly there are many people living in nursing homes that require a higher level of care. In Maryland, the required minimum staffing level remains at 2.0 hours of care per resident per 24 hour day.

The source of the data used in this report is the nursing home payroll data for the third quarter of 2017, (July 1- September 30) downloaded from the Center for Medicare & Medicare Services.



Maryland had 228 nursing homes listed on the Center for Medicare & Medicaid Services website during the third quarter of 2017. This report focuses only on the 215 Maryland nursing homes for which payroll based staffing data was available through the Center for Medicare & Medicaid Services. Of those 215 nursing homes, these are the homes that we are concerned about

- ☑ 73 (34%) show patterns of low staffing on week-ends³
- ☑ 10 (5%) had some days under the required 2.0 hours of care per resident per day

Of the 215 Maryland Nursing homes,

- ☑ only 8 (4%) had at least 4.0 hours of care per resident per day each day in the third quarter of 2017
- ☑ 82 (38%) had at least 3.0 hours of care per resident per day each day in the third quarter of 2017

Nursing Homes With 4.0 or More Hours of Care Every Day

For good care at least 4.00 hours care per resident per day is necessary.¹

Deer's Head Center
 Friends Nursing Home
 Little Sisters of the Poor
 Maplewood Park Place

Maria Health Care Center Inc.
 Northwest Hospital Center Subacute Unit
 Rockville Nursing Home
 The Nursing And Rehabilitation Center at Stadium Place

Nursing Homes With Days During Which Care Fell Below 2.0 Hours of Care Per Day

North Oaks
 Maryland Baptist Aged Home
 Roland Park Place
 Encore at Turf Valley
 Maryland Masonic Homes

Bay Ridge Health Care Center
 St. Elizabeth Rehabilitation & Nursing Center
 Westminster Healthcare Center
 Clinton Healthcare Center
 Frederick Health & Rehabilitation Center

Nursing Homes With Patterns of Low Staffing on Week-ends

ALICE BYRD TAWES NURSING HOME	FUTURE CARE SANDTOWN
ALLEGANY HEALTH NURSING AND REHAB	GLEN BURNIE HEALTH AND REHABILITATION CENTER
ALTHEA WOODLAND NURSING HOME	GREATER BALTIMORE MEDICAL CENTER SUB ACUTE UNIT
ANCHORAGE HEALTHCARE CENTER	HAGERSTOWN HEALTHCARE CENTER
ARCOLA HEALTH AND REHABILITATION CENTER	HARTLEY HALL NURSING AND REHABILITATION
AURORA SENIOR LIVING OF MANOKIN, LLC	HERITAGE HARBOUR HEALTH AND REHABILITATION CENTER
AUTUMN LAKE HEALTHCARE AT CHESTERTOWN	HERON POINT OF CHESTERTOWN
BAYLEIGH CHASE INC	JULIA MANOR NURSING AND REHABILITATION CENTER
BEL AIR HEALTH AND REHABILITATION CENTER	KENSINGTON HEALTHCARE CENTER
BEL PRE HEALTH & REHABILITATION CENTER	LAPLATA CENTER
BETHESDA HEALTH AND REHABILITATION	LORIEN BULLE ROCK
BLUE POINT HEALTHCARE CENTER	LORIEN HEALTH SYSTEMS - RIVERSIDE
BRADFORD OAKS CENTER	LORIEN HEALTH SYSTEMS MT AIRY
CATON MANOR	LORIEN MAYS CHAPEL
CHARLOTTE HALL VETERANS HOME	LORIEN NSG & REHAB CTR BELAIR
CHESAPEAKE SHORES	LORIEN NURSING & REHAB CTR - ELKRIDGE
CHESAPEAKE WOODS CENTER	MANORCARE HEALTH SERVICES -TOWSON
CHESTNUT GRN HLTH CTR BLAKEHUR	MARLEY NECK HEALTH AND REHABILITATION CENTER
CLINTON HEALTHCARE CENTER	MARYLAND MASONIC HOMES
CORSICA HILLS CENTER	NMS HEALTHCARE OF SILVER SPRING
CROMWELL CENTER	NORTHAMPTON MANOR NURSING AND REHABILITATION CENTE
DEVLIN MANOR NURSING AND REHABILITATION CENTER	NORTHWEST HEALTHCARE CENTER
EGLN NURSING HOME	OAKLAND NURSING & REHABILITATION CENTER
ELKTON TRANSITIONAL CARE CENTER	OAKVIEW REHABILITATION AND NURSING CENTER
ELLCOTT CITY HEALTH & REHABILITATION CENTER	OVERLEA HEALTH AND REHABILITATION CENTER
ENCORE AT TURF VALLEY	PATUXENT RIVER HEALTH AND REHABILITATION CENTER
FAIRFIELD NURSING & REHABILITATION CENTER	PERRING PARKWAY CENTER
FAYETTE HEALTH AND REHABILITATION CENTER	PLEASANT VIEW NSG HOME
FOREST HILL HEALTH AND REHABILITATION CENTER	SOLOMONS NURSING CENTER
FORESTVILLE HEALTH & REHABILITATION CENTER	SOUTH RIVER HEALTH AND REHABILITATION CENTER
FORT WASHINGTON HEALTH & REHABILITATION CENTER	ST. JOSEPH'S NURSING HOME
FOX CHASE REHAB & NURSING CENTER	THE LIONS CENTER FOR REHAB AND EXT CARE
FREDERICK HEALTH & REHABILITATION CENTER	WEST MD HEALTH SYST FROSTBURG NRSNG AND REHAB CTR
FREDERICK VILLA NURSING & REHAB CENTER	WESTGATE HILLS REHAB & HEALTHCARE CTR
FROSTBURG VILLAGE	WESTMINSTER HEALTHCARE CENTER
FUTURE CARE CHARLES VILLAGE	WILLIAMSPORT NURSING HOME
FUTURE CARE NORTHPOINT	

End Notes

1. Appropriateness of Minimum Nurse Staffing Ratios in Nursing Homes, Report to Congress: Phase II Final, December 2001 Prepared by Abc Associates Inc. 55 Wheeler Street, Cambridge, MA 02138
2. Nursing Facilities, Staffing, Residents and Facility Deficiencies, 2009 Through 2015; Charlene Harrington, Helen Carillo and Rachel Harfield (<https://www.kff.org/person/rachel-garfield/>); published July 11, 2017
3. We needed to select criteria for identifying week-end patterns. We confined that selection to nursing homes that had 3 or more Saturdays and/or Sundays under 3.0 except those homes that had a preponderance of days under 3.0 regardless of specific days.

6 (3%) of the nursing homes in this list had days in which errors in calculations were evident