

Compiled by Voices for Quality Care

# Staffing in District of Columbia Nursing homes

Numerous reports on staffing levels in nursing homes have found that for good care at least 4.01 to 4.13 hours of care per resident per day is necessary.<sup>1,2</sup> This is a minimum level of care for every person living in a nursing home regardless of acuity. Clearly there are many people living in nursing homes that require a higher level of care. In DC, the required minimum staffing level is a robust 4.1 hours of care per resident per 24 hour day.

The source of the data used in this report is the nursing home payroll data for the third quarter of 2017, (July 1-September 30) downloaded from the Center for Medicare & Medicare Services.



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Voices for Quality Care is a place for long-term care information, support, and solutions from the perspective of those who have been there.

DC had 18 nursing homes listed on the Center for Medicare & Medicaid Services website during the third quarter of 2017. This report focuses only on the 15 DC nursing homes for which payroll based staffing data was available through the Center for Medicare & Medicaid Services. Of those 15 nursing homes, these are the homes that we are concerned about

- 9 (60%) show patterns of low staffing on week-ends<sup>3</sup>

Of the 15 DC Nursing homes,

- none (0%) had at least 4.0 hours of care per resident per day each day in the third quarter of 2017
- 8 (53.33%) had at least 3.0 hours of care per resident per day each day in the third quarter of 2017

## Nursing Homes With Patterns of Low Staffing on Week-ends

BRIDGEPOINT SUB-ACUTE AND REHAB CAPITOL HILL
BRINTON WOODS HEALTH & REHAB OF WASHINGTON DC
CARROLL MANOR NURSING & REHAB
DEANWOOD REHABILITATION AND WELLNESS CENTER
HEALTH & REHABILITATION CENTER AT THOMAS CIRCLE

INGLESIDE AT ROCK CREEK
STODDARD BAPTIST NURSING HOME
UNIQUE RESIDENTIAL CARE CENTER
UNITED MEDICAL NURSING HOME

## End Notes

1. Appropriateness of Minimum Nurse Staffing Ratios in Nursing Homes, Report to Congress: Phase II Final, December 2001 Prepared by Abc Associates Inc. 55 Wheeler Street, Cambridge, MA 02138
2. Nursing Facilities, Staffing, Residents and Facility Deficiencies, 2009 Through 2015; Charlene Harrington, Helen Carillo and Rachel Harfield (<https://www.kff.org/person/rachel-garfield/>); published July 11, 2017
3. We needed to select criteria for identifying week-end patterns. We confined that selection to nursing homes that had 3 or more Saturdays and/or Sundays under 4.0 except those homes that had a preponderance of days under 4.0 with no noticeable pattern of lower staffing just on week-end days.

**1 (6.67%) of the nursing homes in this list had days in which errors in calculations were evident**