

# Staffing in Maryland Nursing homes

Compiled by Voices for Quality Care

Numerous reports on staffing levels in nursing homes have found that for good care at least 4.01 to 4.13 hours of care per resident per day is necessary.<sup>1,2</sup> This is a minimum level of care for every person living in a nursing home regardless of acuity. Clearly there are many people living in nursing homes that require a higher level of care. In Maryland, the required minimum staffing level remains at 2.0 hours of care per resident per 24 hour day.

The source of the data used in this report is the nursing home payroll data for the fourth quarter of 2017, (October 1—December 31) downloaded from the Center for Medicare & Medicaid Services.



Maryland had 225 nursing homes listed on the Center for Medicare & Medicaid Services website during the 4th Quarter of 2017. This report focuses only on the 217 Maryland nursing homes for which payroll based staffing data was available through the Center for Medicare & Medicaid Services.

Of those 217 nursing homes, these are the homes that we are concerned about:

- ❑ **68 (31%) show patterns of low staffing on weekends**, an improvement over the 3rd Quarter in which 73 (34%) homes had patterns of low staffing on weekends.<sup>3</sup>
- ❑ **12 (6%) of the 217 had some days under the required 2.0 hours of care per resident per day** which was worse than the 10 homes (5%) reporting days under 2.0 in the 3rd Quarter.

Of the 217 Maryland Nursing homes,

- ❑ **10 (5%) had at least 4.0 hours of care per resident per day each day in the 4th Quarter**, an improvement over the 3rd Quarter when only 8 homes (4%) reported at least 4.0 hours of care each day.
- ❑ **74 (34%) had at least 3.0 hours of care per resident per day each day in the 4th Quarter**, significantly worse than the 82 homes (38%) that reported at least 3.0 hours of care each day in the 3rd Quarter.

## Nursing Homes With 4.0 or More Hours of Care Every Day

For good care at least 4.01 hours care per resident per day is necessary.<sup>1</sup>

Deer's Head Center	Maplewood Park Place
Garrett County Subacute Unit	Maria Health Care Center Inc.
Ginger Cove	Northwest Hospital Center Subacute Unit
Hillhaven Nursing Center	Rockville Nursing Home
Little Sisters of the Poor	The Nursing And Rehabilitation Center at Stadium Place

## Nursing Homes With Days During Which Care Fell Below 2.0 Hours of Care Per Day

Autumn Lake Healthcare at Chestertown	Lorien Mays Chapel
Cadia Healthcare - Annapolis	Maryland Baptist Aged Home
Clinton Healthcare Center	Maryland Masonic Homes
Greater Baltimore Medical Center Sub Acute Unit	Oak Crest Village
Hartley Hall Nursing & Rehabilitation	St. Elizabeth Rehabilitation & Nursing Center
Heron Point of Chestertown	Westminster Healthcare Center

## Nursing Homes With Patterns of Low Staffing on Week-ends

ALICE BYRD TAWES NURSING HOME	FUTURE CARE NORTHPOINT
ANCHORAGE HEALTHCARE CENTER	FUTURE CARE SANDTOWN-WINCHESTER
ARCOLA HEALTH AND REHABILITATION CENTER	GLEN BURNIE HEALTH AND REHABILITATION CENTER
AURORA SENIOR LIVING OF MANOKIN, LLC	HAGERSTOWN HEALTHCARE CENTER
AUTUMN LAKE HEALTHCARE AT ALICE MANOR	HERITAGE HARBOUR HEALTH AND REHABILITATION CENTER
AUTUMN LAKE HEALTHCARE AT CHESTERTOWN	JULIA MANOR NURSING AND REHABILITATION CENTER
BAYLEIGH CHASE INC	LAPLATA CENTER
BEL AIR HEALTH AND REHABILITATION CENTER	LAURELWOOD CARE CENTER AT ELKTON
BEL PRE HEALTH & REHABILITATION CENTER	LOCH RAVEN CENTER
BETHESDA HEALTH AND REHABILITATION	LORIEN HEALTH SYSTEMS - COLUMBIA
BLUE POINT HEALTHCARE CENTER	LORIEN HEALTH SYSTEMS - RIVERSIDE
BRADFORD OAKS CENTER	LORIEN HEALTH SYSTEMS MT AIRY
BRINTON WOODS HEALTH & REHAB CTR OF DENTON	LORIEN NSG & REHAB CTR BELAIR
CADIA HEALTHCARE - SPRINGBROOK	LORIEN NURSING & REHAB CTR - ELKRIDGE
CADIA HEALTHCARE - WHEATON	MANORCARE HEALTH SERVICES - ADELPHI
CAROLINE NURSING AND REHABILITATION CENTER, LLC	MANORCARE HEALTH SERVICES - ROLAND PARK
CATON MANOR	MANORCARE HEALTH SERVICES -TOWSON
CHAPEL HILL NURSING CENTER	MARLEY NECK HEALTH AND REHABILITATION CENTER
CHESAPEAKE SHORES	MARYLAND MASONIC HOMES
CHESAPEAKE WOODS CENTER	MONTGOMERY VILLAGE HEALTH CARE CENTER
CLINTON HEALTHCARE CENTER	MORAN NURSING AND REHABILITATION CENTER
CORSICA HILLS CENTER	NORTHWEST HEALTHCARE CENTER
EGLE NURSING HOME	OAKVIEW REHABILITATION AND NURSING CENTER
ELKTON TRANSITIONAL CARE CENTER	OAKWOOD CARE CENTER
ELLICOTT CITY HEALTH & REHABILITATION CENTER	PATUXENT RIVER HEALTH AND REHABILITATION CENTER
ENCORE AT TURF VALLEY	PLEASANT VIEW NSG HOME
FAIRFIELD NURSING & REHABILITATION CENTER	REGENCY CARE OF SILVER SPRING, LLC
FAYETTE HEALTH AND REHABILITATION CENTER	RESTORE HEALTH REHABILITATION CENTER
FOREST HILL HEALTH AND REHABILITATION CENTER	ROLAND PARK PLACE
FORESTVILLE HEALTH & REHABILITATION CENTER	SLIGO CREEK CENTER
FORT WASHINGTON HEALTH & REHABILITATION CENTER	SOUTH RIVER HEALTH AND REHABILITATION CENTER
FREDERICK HEALTH & REHABILITATION CENTER	ST. JOSEPH'S NURSING HOME
FREDERICK VILLA NURSING & REHAB CENTER	THE LIONS CENTER FOR REHAB AND EXT CARE
FUTURE CARE COLD SPRING	WESTGATE HILLS REHAB & HEALTHCARE CTR

## Nursing Homes Where Care During Holidays Fell Below 2.0 Hours of Care Per Day

### Thanksgiving, November 23, 2017

GREATER BALTIMORE MEDICAL CENTER SUB ACUTE UNIT — **1.79** hours of care for 24 hours  
WESTMINSTER HEALTHCARE CENTER — **1.93** hours of care for 24 hours

### Christmas under 2.0 hours of care per day

CLINTON HEALTHCARE CENTER – **1.15** hours of care per 24 hours  
OAK CREST VILLAGE – **1.30** hours of care per 24 hours  
ST. ELIZABETH REHAB. & NSG. CE – **1.79** hours of care per 24 hours

### Both Thanksgiving & Christmas

HARTLEY HALL NURSING AND REHABILITATION:  
Thanksgiving: **1.67** hours of care per 24 hours  
Christmas: **1.71** hours of care per 24 hours

## End Notes

1. Appropriateness of Minimum Nurse Staffing Ratios in Nursing Homes, Report to Congress: Phase II Final, December 2001 Prepared by Abt Associates Inc. 55 Wheeler Street, Cambridge, MA 02138
2. Nursing Facilities, Staffing, Residents and Facility Deficiencies, 2009 Through 2015; Charlene Harrington, Helen Carillo and Rachel Harfield (<https://www.kff.org/person/rachel-garfield/>); published July 11, 2017
3. We needed to select criteria for identifying week-end patterns. We confined that selection to nursing homes that had 3 or more Saturdays and/or Sundays under 3.0 except those homes that had a preponderance of days under 3.0 regardless of specific days.

**Six (3%) of the nursing homes in this list had days in which the hours of care per day were so low (below 1.0 hours of care) that they likely just indicate an error in reporting.**

## Nursing Homes that did not submit Payroll Data to CMS in the 4th Quarter of 2017

ALTHEA WOODLAND NURSING HOME  
BROADMEAD  
FRIENDS NURSING HOME  
SOLOMONS NURSING CENTER

SAGEPOINT NURSING AND REHABILITATION CENTER\*  
THE LUTHERAN VILLAGE AT MILLER'S GRANT\*  
TRANSITIONAL CARE SERVICES AT MERCY MEDICAL CENTER\*

**\* These nursing homes did not report Payroll Staffing Data to CMS during the 3rd or the 4th Quarters of 2017.**