

Compiled by Voices for Quality Care

Staffing in District of Columbia Nursing homes

Numerous reports on staffing levels in nursing homes have found that for good care at least 4.01 to 4.13 hours of care per resident per day is necessary.^{1,2} This is a minimum level of care for every person living in a nursing home regardless of acuity. Clearly there are many people living in nursing homes that require a higher level of care. In DC, the required minimum staffing level is a robust 4.1 hours of care per resident per 24 hour day.



The source of the data used in this report is the nursing home payroll data for the fourth quarter of 2017, (October 1-December 31) downloaded from the Center for Medicare & Medicaid Services.

DC had 18 nursing homes listed on the Center for Medicare & Medicaid Services website during the fourth quarter of 2017. This report focuses only on the 16 DC nursing homes for which payroll based staffing data was available through the Center for Medicare & Medicaid Services.

Of those 16 nursing homes, these are the homes that we are most concerned about:

7 (44%) show patterns of low staffing on weekends³. This is an improvement over the third quarter (July 1-September 30) when 9 or 60% of DC nursing homes had patterns of low staffing on weekends.

Of the 16 DC Nursing homes included in this report,

only 2 (12.5%) had at least the required 4.1 hours of care per resident every day in the fourth quarter of 2017. This is an improvement over the third quarter when no (0%) DC nursing homes reported at least 4.0 hours of care per resident for each day. But, it still leaves 14 of the 16 nursing homes in this report in non-compliance with DC staffing requirements;

14 (87.5%) homes had less than 4.0 hours of care per resident for day each day in the fourth quarter of 2017;

Voices for Quality Care congratulates the Jeanne Jugan Residence and Forest Hills of DC for maintaining minimum staffing higher than 4.0 hours per resident per day for the entire fourth quarter of 2017.

Nursing Homes With Patterns of Low Staffing on Weekends

BRIDGEPOINT SUB-ACUTE AND REHAB CAPITOL HILL
BRINTON WOODS HEALTH & REHAB OF WASHINGTON DC
CARROLL MANOR NURSING & REHAB
DEANWOOD REHABILITATION AND WELLNESS CENTER

STODDARD BAPTIST NURSING HOME
UNIQUE RESIDENTIAL CARE CENTER
UNITED MEDICAL NURSING HOME

End Notes

1. Appropriateness of Minimum Nurse Staffing Ratios in Nursing Homes, Report to Congress: Phase II Final, December 2001 Prepared by ABT Associates Inc. 55 Wheeler Street, Cambridge, MA 02138
2. Nursing Facilities, Staffing, Residents and Facility Deficiencies, 2009 Through 2015; Charlene Harrington, Helen Carillo and Rachel Harfield (<https://www.kff.org/person/rachel-garfield/>); published July 11, 2017
3. We needed to select criteria for identifying weekend patterns. We confined that selection to nursing homes that had 3 or more Saturdays and/or Sundays under 4.0 hours of care per resident per day. We did not include those homes that had a preponderance of days under 4.0 hours with no noticeable pattern of lower staffing just on weekend days.

One (6%) of the nursing homes in this list had days in which the hours of care per day were so low (below 1.0 hours of care) that they likely just indicate an error in reporting.

INGLESIDE AT ROCK CREEK provided Payroll Staffing Data in the third quarter of 2017 but did not provide Payroll Staffing Data in the fourth quarter of 2017 and so was not included in this 4th quarter report.

The only DC nursing home that did not have information included in the Payroll Data download for both the third and fourth quarters of 2017 was the WASHINGTON CTR FOR AGING SVCS, 2601 18TH STREET NE. Information for this nursing home was therefore not included in this report.