

Staffing in Maryland Nursing homes

Compiled by Voices for Quality Care

Numerous reports on staffing levels in nursing homes have found that good care requires at least 4.01 to 4.13 hours of care daily.^{1,2} This is a minimum level of care for every person living in a nursing home regardless of acuity. Clearly, there are many people living in nursing homes that require a higher level of care. In Maryland, the required minimum staffing level remains at 2.0 hours of care per resident per 24-hour day.

The source of the data used in this report is the nursing home payroll data for the first quarter of 2018, (January 1 – March 31) downloaded from the Center for Medicare & Medicaid Services.

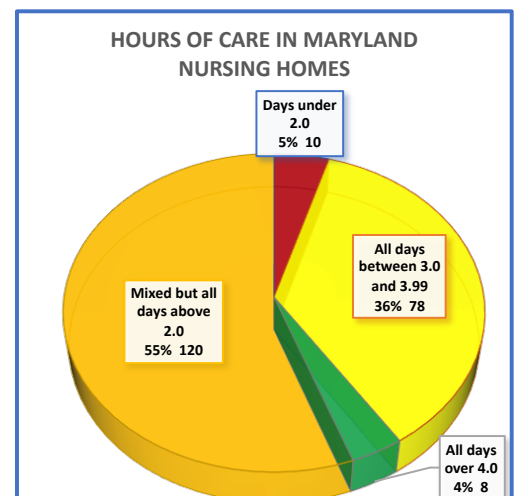
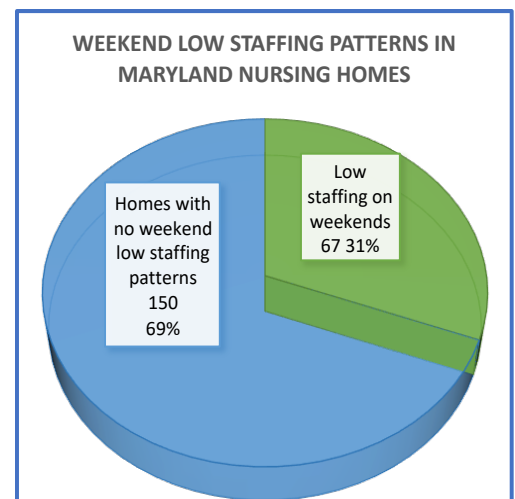
Maryland had 226 nursing homes listed on the Center for Medicare & Medicaid Services website during the 4th Quarter of 2017. This report focuses only on the 218 Maryland nursing homes for which payroll-based staffing data was available through the Center for Medicare & Medicaid Services.

Of those 218 nursing homes, these are the homes that we are concerned about:

- ☑ **67 (30.88%) show patterns of low staffing on weekends.**³
- ☑ **10 (4.61%) of the 218 had some days under the required 2.0 hours of care per resident per day** which

Of the 218 Maryland Nursing homes, **74 (34%)**

- ☑ **8 (3.69%) had at least 4.0 hours of care daily in the 1st Quarter of 2018.** That is two less than the 10 (5%) of the homes reporting at least 4.0 hours of care each day during the 4th Quarter of 2017.
- ☑ **78 (35.94%) had at least 3.0 hours of care daily in the 4th Quarter.** That is 4 more than the 74 (34%) of the homes that reported at least 3.0 hours of care each day in the 4th Quarter. of 2018.



Nursing Homes With 4.0 or More Hours of Care Every Day

For good care at least 4.01 hours care per resident per day is necessary.¹

Deer's Head Center
 Friend Nursing Home
 Ginger Cove
 Ingleside at King Farm

Little Sisters of the Poor
 Northwest Hospital Center Subacute Unit
 Rockville Nursing Home
 Transitional Care Services at Mercy Medical Center

Nursing Homes With Patterns of Low Staffing on Weekends

ALICE BYRD TAWES NURSING HOME	HERITAGE HARBOUR HEALTH AND REHABILITATION CENTER
ANCHORAGE HEALTHCARE CENTER	HOLLY HILL NURSING AND REHABILITATION CENTER
ARCOLA HEALTH AND REHABILITATION CENTER	JULIA MANOR NURSING AND REHABILITATION CENTER
AUTUMN LAKE HEALTHCARE AT CHESTERTOWN	KENSINGTON HEALTHCARE CENTER
BALLENGER CREEK CENTER	LAPLATA CENTER
BAYLEIGH CHASE INC	LAURELWOOD CARE CENTER AT ELKTON
BEL AIR HEALTH AND REHABILITATION CENTER	LOCH RAVEN CENTER
BEL PRE HEALTH & REHABILITATION CENTER	LORIEN HEALTH SYSTEMS - COLUMBIA
BETHESDA HEALTH AND REHABILITATION	LORIEN HEALTH SYSTEMS - RIVERSIDE
BLUE POINT HEALTHCARE CENTER	LORIEN HEALTH SYSTEMS MT AIRY
BRINTON WOODS HEALTH & REHAB CTR OF DENTON	LORIEN NSG & REHAB CTR BELAIR
BRINTON WOODS HEALTH & REHAB CTR OF PIKESVILLE	LORIEN NURSING & REHAB CTR - ELKRIDGE
CATONSVILLE COMMONS	MANOR CARE - LARGO
CHAPEL HILL NURSING CENTER	MANOR CARE - WOODBRIDGE VALLEY
CHARLOTTE HALL VETERANS HOME	MANORCARE HEALTH SERVICES -TOWSON
CHESAPEAKE SHORES	MARLEY NECK HEALTH AND REHABILITATION CENTER
CHESAPEAKE WOODS CENTER	MONTGOMERY VILLAGE HEALTH CARE CENTER
CLINTON HEALTHCARE CENTER	NORTH OAKS
CORSICA HILLS CENTER	NORTHWEST HEALTHCARE CENTER
EGLE NURSING HOME	OAKVIEW REHABILITATION AND NURSING CENTER
ELKTON TRANSITIONAL CARE CENTER	PATUXENT RIVER HEALTH AND REHABILITATION CENTER
ELLICOTT CITY HEALTH & REHABILITATION CENTER	PLEASANT VIEW NSG HOME
ENCORE AT TURF VALLEY	REGENCY CARE OF SILVER SPRING, LLC
FAYETTE HEALTH AND REHABILITATION CENTER	RESTORE HEALTH REHABILITATION CENTER
FORESTVILLE HEALTH & REHABILITATION CENTER	ROLAND PARK PLACE
FORT WASHINGTON HEALTH & REHABILITATION CENTER	SALISBURY REHABILITATION AND NURSING HOME CENTER
FOX CHASE REHAB & NURSING CENTER	SOUTH RIVER HEALTH AND REHABILITATION CENTER
FREDERICK HEALTH & REHABILITATION CENTER	ST. JOSEPH'S NURSING HOME
FUTURE CARE CHARLES VILLAGE	THE LIONS CENTER FOR REHAB AND EXT CARE
FUTURE CARE COLD SPRING	WEST MD HEALTH SYST FROSTBURG NRSNG AND REHAB CTR
FUTURE CARE NORTHPOINT	WESTGATE HILLS REHAB & HEALTHCARE CTR
FUTURE CARE SANDTOWN-WINCHESTER	WESTMINSTER HEALTHCARE CENTER
GLEN BURNIE HEALTH AND REHABILITATION CENTER	WILLIAMSPORT NURSING CENTER
HAGERSTOWN HEALTHCARE CENTER	

Nursing Homes With Days During Which Care Fell Below 2.0 Hours of Care Per Day

CHARLESTOWN COMMUNITY INC
CHESTNUT GRN HLTH CTR BLAKEHUR
CLINTON HEALTHCARE CENTER
ENCORE AT TURF VALLEY
FAIRFIELD NURSING & REHABILITATION CENTER

GREATER BALTIMORE MEDICAL CENTER SUB ACUTE UNIT
LORIEN MAYS CHAPEL
MARYLAND BAPTIST AGED HOME
ROLAND PARK PLACE
ST. ELIZABETH REHAB. & NSG. CE

End Notes

1. Appropriateness of Minimum Nurse Staffing Ratios in Nursing Homes, Report to Congress: Phase II Final, December 2001 Prepared by Abt Associates Inc. 55 Wheeler Street, Cambridge, MA 02138
2. Nursing Facilities, Staffing, Residents and Facility Deficiencies, 2009 Through 2015; Charlene Harrington, Helen Carillo and Rachel Harfield (<https://www.kff.org/person/rachel-garfield/>); published July 11, 2017
3. We needed to select criteria for identifying weekend patterns. We confined that selection to nursing homes that had 3 or more Saturdays and/or Sundays under 3.0 except those homes that had a preponderance of days under 3.0 regardless of specific days.

Six (3%) of the nursing homes in this list had days in which the hours of care per day were so low (below 1.0 hours of care) that they likely just indicate an error in reporting.

Nursing Homes that did not submit Payroll Data to CMS in the 1ST Quarter of 2018

*CALVERT MEMORIAL HOSPITAL TRANSITIONAL CARE UNIT
HILLHAVEN NURSING AND REHABILITATION CENTER
NMS HEALTHCARE OF HAGERSTOWN, LLC
STERLING CARE AT FROSTBURG VILLAGE*

*STERLING CARE AT SOUTH MOUNTAIN
THE LUTHERAN VILLAGE AT MILLER'S GRANT
WESTERN MD HOSPITAL CENTER
WILSON HEALTH CARE CENTER*

The recording and submitting of payroll data to CMS is still a rather new process and occasional errors in the transmission of this data do occur.

OAK CREST VILLAGE did submit data that is not included due to errors in the submission process.

MARIA HEALTH CARE CENTER, INC. had one day in which care data fell below 2.0 but was greater than the 1.0 that we use as an indication of an error in transmission of data. Consultation with the Maria Healthcare Center Staff confirmed that this was also an error in transmission and so is categorized also as an error rather than as a day below the required 2.0 hours of care.