

Compiled by Voices for Quality Care

Staffing in District of Columbia Nursing homes

Numerous reports on staffing levels in nursing homes have found that for good care at least 4.01 to 4.13 hours of care per resident per day is necessary.^{1,2} This is a minimum level of care for every person living in a nursing home regardless of acuity. Clearly there are many people living in nursing homes that require a higher level of care. In DC, the required minimum staffing level is a robust 4.1 hours of care per resident per 24 hour day. There is a waiver available, however, that may allow staffing levels of 3.5 hours of care per resident per day in certain circumstances.³ **Any nursing home with days below 3.5 hours of care per resident per day is in violation of District of Columbia regulations.**



The source of the data used in this report is the nursing home payroll data for the first quarter of 2018, (January 1, 2018-March 31, 2018) downloaded from the Center for Medicare & Medicaid Services (CMS) Nursing Home Compare website.

<https://data.cms.gov/Special-Programs-Initiatives-Long-Term-Care-Facili/PBJ-Daily-Nurse-Staffing-CY-2018-Q1/uscx-xxq8>

First Quarter of 2018 – January 1, 2018 - March 31, 2018

DC had 18 nursing homes listed on the CMS website during the first quarter of 2018. Of those, two have recently had name changes and 4 do not have payroll staffing data included in this report.

- ◆ INSPIRE REHABILITATION AND HEALTH CENTER LLC at 2131 O STREET NW was formerly BRINTON WOODS HEALTH & REHAB CENTER AT DUPONT CIRCLE
- ◆ SERENITY REHABILITATION AND HEALTH CENTER LLC at 1380 SOUTHERN AVE SE was formerly BRINTON WOODS HEALTH & REHAB OF WASHINGTON DC

This report focuses only on the 14 DC nursing homes for which payroll based staffing data was available through the CMS website.

Of those 14 nursing homes, these are the homes that we are most concerned about:

- ☑ **6 (43%) show patterns of low staffing on weekends³.** This is an improvement over the fourth quarter of 2017 (October 1-December 31) when 7 or 44% of DC nursing homes had patterns of low staffing on weekends.

Of the 15 DC Nursing homes included in this report,

- ☑ **Three (21%) had at least the required 4.1 hours of care per resident every day in the first quarter of 2018.** This is an improvement over the fourth quarter of 2017 when only 2 (12.5%) of the 16 listed nursing homes in DC reported at least 4.0 hours of care per resident for each day.
- ☑ **Two (14%) homes had an average of less than 3.5 hours of care per resident for the first quarter of 2018;**

Voices for Quality Care congratulates the following nursing homes for maintaining minimum staffing higher than 4.0 hours per resident per day for the entire first quarter of 2018.

**INGLESIDE AT ROCK CREEK
LISNER LOUISE DICKSON HURTHOME
SIBLEY MEM HOSP RENAISSANCE**

Nursing Homes With Patterns of Low Staffing on Weekends

DEANWOOD REHABILITATION AND WELLNESS CENTER

STODDARD BAPTIST NURSING HOME

TRANSITIONS HEALTHCARE CAPITOL CITY

UNIQUE RESIDENTIAL CARE CENTER

UNITED MEDICAL NURSING HOME

WASHINGTON CTR FOR AGING SVCS

End Notes

1. Appropriateness of Minimum Nurse Staffing Ratios in Nursing Homes, Report to Congress: Phase II Final, December 2001 Prepared by ABT Associates Inc. 55 Wheeler Street, Cambridge, MA 02138
2. Nursing Facilities, Staffing, Residents and Facility Deficiencies, 2009 Through 2015; Charlene Harrington, Helen Carillo and Rachel Harfield (<https://www.kff.org/person/rachel-garfield/>);published July 11, 2017
3. (22DCMR B-3211.6 The Director may adjust the staffing requirements and formulas set forth in subsections 3211.4 and 3211.5 based on the individual needs of a nursing facility; provided, that the staffing requirements of subsection 3211.5 *shall not be reduced to less than three and half (3.5) hours of direct nursing*
4. We needed to select criteria for identifying weekend patterns. We confined that selection to nursing homes that had 3 or more Saturdays and/or Sundays under 4.0 hours of care per resident per day. We did not include those homes that had a preponderance of days under 4.0 hours with no noticeable pattern of lower staffing just on weekend days.

Two (13%) of the nursing homes in this list had days on which problems with the transmission of data produced errors. The errors in data for CARROLL MANOR were limited to several weeks and we have marked those as errors. The data errors for SERENITY REHABILITATION AND HEALTH CENTER LLC created errors during the majority of the Quarter. We have therefore eliminated the data from that nursing home from this report.

Nursing Homes Not Reporting Payroll Staffing Data For This Quarter

(These three nursing home provided payroll staffing data for the fourth quarter of 2017)

FOREST HILLS OF DC
JEANNE JUGAN RESIDENCE
KNOLLWOOD HSC